

# BRIDGETTE MAYER GALLERY

THE GALLERY - PRATO CAPITAL MANAGEMENT, 70 GEDNEY WAY, WHITE PLAINS, NY 10605

## ***Congruency***

Curated by Lauren Gidwitz

**On View February 21 - April 17, 2020**

**Opening Reception February 21, 6 - 9 pm**

Daphne Arthur  
Jim Gaylord  
Lauren Gidwitz  
Catherine Haggarty  
Lavaughan Jenkins  
Sung Hwa Kim  
Maria Kreyn  
Calli Moore  
Eileen Neff  
Dominic Terlizzi  
Aparna Sarkar

“...a person is a fluid process, not a fixed and static entity; a flowing river of change, not a block of solid material; a continually changing constellation of potentialities, not a fixed quantity of traits.”

- Carl R. Rogers

THE GALLERY is pleased to present *Congruency*, an exhibition that explores the attempt to achieve congruence in an unwieldy world. Objects have a way of keeping time for us. They physically embody moments from the past, but also have the ability to resonate with those of the future. Art objects also mark the confluence of intention and effort of the maker. Time is layered in an art piece: the past experiences of the artist, the time it takes to create, and each moment that it is considered, looked upon, touched, and moving the viewer.

The term congruence was used by the humanistic psychologist Carl Rogers to describe a state when one's ideal self and actual self are consistent. Through the work of eleven artists, this exhibition documents attempts at congruence. Congruence for an artist is the elusive moment when the ideal of the artwork in their head aligns with the object that they have created. Each artwork is an inner examination that has been made whole and external.

*Congruency* will feature work by Daphne Arthur, Jim Gaylord, Lauren Gidwitz, Catherine Haggarty, Lavaughan Jenkins, Sung Hwa Kim, Maria Kreyn, Calli Moore, Eileen Neff, Dominic Terlizzi, and Aparna Sarkar. This group of artists push traditional methods in an effort to

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transcend form; in order to address something larger, more nuanced and ineffable.

These endeavors towards congruency can be felt in each piece; the moments when the channels from mind to object to viewer are clear. We glimpse them in vibrational weavings of paint, symbols and pattern play, the ecstatic transmission of an expression as pigment slips down the surface, the shifting realms of the micro and macroscopic, the natural and the man-made, the twistings of symmetry and layering of discordant imagery for an unlikely harmony. Each piece is a leap into the Gestalt, where the whole is more than the sum of its parts.

For more information about the artists featured in *Congruency* , please contact Gallery Director Will Feurtado at [willietjones@yahoo.com](mailto:willietjones@yahoo.com)